WELCOME

VISION The Wyong Catholic Parish is a welcoming, caring dynamic community MISSION STATEMENT We will live and proclaim the message of the Gospel : Engage, Participate, Reach out and Transform 22ND JUNE 2025- SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

> WYONG CATHOLIC PARISH ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL **Under the Pastoral Care of the** Society of Our Lady of The Most Holy Trinity (SOLT)

REFLECTION- Solemnity of The Most Holy Body & Blood of Christ

It was probably only about twenty years after the Last Supper that Paul, writing to correct some errors in the Corinthian community, gives us a precious gem of our tradition, namely the earliest account of what Jesus said and did at that final meal with his disciples. It reminds us always of the heart and core of what we do when we celebrate the Eucharist, and the very foundation and reason for subsequent devotional practices such as those associated with today's feast. We must never forget those words: 'Do this as a memorial of me['] and their implications for our Christian life.

Likewise, the setting for the story of the feeding of the crowds in each of the Gospels is important. Jesus' care for the physical needs of the people who follow him is a response to the deep feeling he has about their spiritual hunger. The narrative, so familiar to us, has obvious similarities with the words we hear in the Liturgy of the Eucharist. Jesus' dialogue and instructions to his disciples are equally significant. Like them, we are called to feed the hungry, both with bodily nourishment and the Word of Life. In other words, as we celebrate this great gift today, may we ourselves be bread for others.

Reproduced from God's Word 2025: Daily Reflections, Published by St Pauls Publications, Strathfield.

Jubilee Prayer

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of evil vanguished, your glory will shine eternally. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise forever. Amen.



IMPORTANT PARISH EVENTS-SAVE THE DATE! UNABLE TO STAND IN LINE FOR COMMUNION? USE THE YELLOW BAND! Annual General Meeting-8th July Please use the yellow bands located at the back of the Church Christmas In July-29th July (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto Bunnings BBQ-13th Sept the side of the pew where you will be seated. Multicultural Dinner—10th Oct Our Priest or Eucharistic Minister will see this and will tend to Marian Spirituality Day-12th Oct you at the end of Communion. Ecumenical Christmas Carols—5th Dec Parish Christmas Dinner—19th Dec Jubilee Year Events—TBC POPE LEO XIV'S PRAYER INTENTION FOR JUNE Pilgrimage Day, Marian Spirituality Day 12th Oct (rosary & afternoon tea) & Family Movie Night THAT THE WORLD MIGHT GROW IN COMPASSION With all of our wonderful Parish events coming up, they require many hands and lots of organization to keep them going. We would love your help! Should you Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to wish to volunteer for any of these events, please contact the Parish Office as soon as possible. Many Thanks. have compassion on the world. The Sacrament of CONFIRMATION FRIDAY 27th June Most Sacred Heart of Wyong Parish is now taking enrolments for the t Cecilia & State School Student Jesus Sacrament of Confirmation. The Solemnity Of the Most SACRAMENT OF CONFIRMATION If your child is in year 3 or above and they have received Sacred Heart of Jesus is **ENROLMENT FORM 2025** FACTS the Sacrament of Baptism they are eligible to enrol. celebrated on the Friday after the Solemnity of the Most Holy Body Please use the QR Code to enrol your child, respective of and Blood of Christ (Corpus Christi). the school they attend & come along to the Parent Some ways to practice Information Evening. devotion to the Sacred Heart of Jesus May include Important Dates:

Fisher

Parent Information Evening - Mon 30th June, 7pm, St Cecilia's Church Hall

Tues 1st July, 7pm, St John Fisher Mass Centre

Presentation Mass - Sat 26th July, 5pm Mass, St Cecilia's Church

Sun 27th July, 5pm Mass, St John Fisher Mass Centre Ceremony - Sat 16th August, 10am, St Peter's Collage Hall If you would like to book in a Baptism, please contact the parish office ASAP.

wyongparish@bbcatholic.org.au 02 4352 1011

Office Hours: Tues, Wed, Fri 9.30am-2.30pm

CHRISTMAS IN JULY - 29TH JULY

Our annual 'Christmas in July' is fast approaching. As usual, the students from St Peter's College will be catering and the meal, no doubt will be mouthwatering.

Any aged/retired parishioner who wishes to attend this function, please contact the Parish Office on 4352 1011 or via email at wyongparish@bbcatholic.org.au.

Numbers are restricted, so an early booking is essential. A special fund-raising raffle will be on sale on the day.

*Please notify us if you have any dietary restrictions

SACRAMENT OF FIRST HOLY COMMUNION/EUCHARIST 2025

We welcome all the children/families who are preparing for the

Sacrament of First Holy Communion/Eucharist in our Parish. We are delighted to have the children with us as they journey in their faith and prepare to receive Jesus in the Sacrament of Holy Communion.

'O give thanks to the Lord, for he is good'. Psalm 107:1

May we support the students and their families and keep them in our prayers.



Ensuring your loved ones are cared for with the respect & dignity you would wish. Flexible arrangements to suit your needs. Professional assistance and caring advice. Phone. 1800 558 004, Mob. 0408 251 927, Fax. 02 4351 8005

Praying the Litany of the Sacred Heart of Jesus Making a consecration to the Sacred Heart Having the image of the Sacred Heart enthroned in your home These devotions are not just some relics of the past. They have continued Christ in the mystery of his heart, this enables us to dwell on the great mystery of our faith, that God is love. This

also strengthens us and inspires us to imitate his love and to help build the civilization of love. From the Sacred Heart of Jesus, our hearts learn meekness, humility, mercy, and love.

Depiction of the Sacred Heart of Jesus

The Sacred Heart of Jesus is typically rendered in Catholic artwork as a bright red anatomical human heart with flames and a halo of divine light.

- The heart is pierced and bleeding, alluding to the manner of Jesus' death. The heart is pierced and bleeding, alluding to the manner of Jesus' death. The heart is surrounded by a crown of thorns, symbolizing His passion. Atop the heart is a cross, representing redemption, suffering, and faith. The heart is aflame, signifying purification and spiritual power. The whole symbol shines with rays of light, showing the holiness and splendor of the Lord.

In some depictions, the heart is seen radiating from within the chest of Jesus Christ as He points to it and invites worship.



together and praise God in song as one.

PRACTICE ON TUES 5PM AT ST CECILIA'S CHURCH

Planned Giving Envelopes—Planned giving envelopes have arrived. If you have registered for Planned Giving envelopes please find them at the back of the Church. Please contact the office and speak with Margaret if you cannot locate your box set or should you wish to Thank You! discuss giving options.

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Get Involved in the Social Justice & Vinnies Ministry

Would you like to make a difference in our local community - even in a small way? The Social Justice and Vinnies Ministry at our parish is a beautiful way to live out our faith in action. From helping with appeals to visiting those in need or supporting local initiatives, there are many ways to get involved - and no contribution is too small.

Our wonderful parishioner Kerry Bugden has been carrying this important work and would warmly welcome others to join her. The more people involved, the lighter the load becomes – and together we can make a lasting impact.

If you're a parent, this is also a powerful way to show your children what it means to live the Gospel through love and service.

Interested?

Pick up a Volunteer Interest Form after Mass at the back of the Church, or, email wyongparish@bbcatholic.org.au to learn more. Your "yes" could be the hope someone else is waiting for.

Introduction to Pastoral Care Course

Volunteer Catholic Extraordinary Ministers of Holy Communion visit hospitals throughout the Diocese of Broken Bay providing comfort and care to Catholic patients. Our Diocese and NSW Health require that 40 hours of training is completed to perform this important role. The Introduction to Pastoral Care Course (IPCC) meets this requirement, is FREE and is open to those who already volunteer in a hospital context, or in local health and aged care facilities, and to those who might be deciding if they are suited to this ministry.

As well as being prepared by your Parish to be an Extraordinary Minister of Holy Communion, some of the key qualities we are looking for in anyone who may be considering being part of this hospital ministry are:

A genuine prayerful faith life including reverence for and regular participation in Sunday Eucharist

- An ability to listen and a willingness to refer on when necessary
- A warm, friendly, empathetic disposition

The ability to relate to people of different ages, personalities and backgrounds

- A respect for others and their diversity
- The ability to work as part of a team
- Enthusiasm, motivation and professionalism
- A compassionate heart
- *Please note that this role is not suitable for those seeking to proselytise.

The course will be offered on five consecutive Wednesdays: July 2,9,16,23 and 30 between 9:00am and 3:00 pm at CatholicCare Central Coast Family Centre (10/10 Pioneer Avenue, Tuggerah). Morning tea and lunch will be provided.

Please speak to your Parish Priest for more information about the course and how to apply, or contact Peter Brown, Practice Manager Hospital Chaplaincy and Pastoral Care, CatholicCare Diocese of Broken Bay on 0418 616 602.

PETER'S PENCE APPEAL-29TH JUNE

On Sunday 29th of June we join with other parishes across the world in taking up the Vatican's annual Peter's Pence Collection. The Peter's Pence Collection provides for the charitable works of mercy identified by His Holiness, Pope Leo XIV, including emergency assistance to those in need due to natural disaster, war, oppression and disease. Your generosity allows the Holy Father to respond to those suffering with love and compassion.

You can make a gift using the Peter's Pence collection envelope available in the pews. Thank you for your generosity.



CHILDREN'S LITURGY—YOU'RE INVITED !

All children are invited to attend the children's Liturgy at our weekend masses. Children's Liturgy is when the children leave the congregation to celebrate and reflect on the Sunday Gospel reading in an age appropriate way.

Volunteers always needed & appreciated! Speak with office staff to find out more.

The children are led through prayers, songs and readings that are adapted to their level of understanding.

(Please ensure there is a parent/guardian for children under 5yrs old; all parents/guardians welcome).

Attending Mass together is a part of being a Catholic Family, while Children's Liturgy allows children to enter the celebration more fully by catering to their needs.

Mass with Children's Liturgy: St Cecília's Church, Wyong Sunday 9.30am St John Fisher Mass Centre, Tumbi Umbi—Sunday 5:00pm



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COMMUNION BLESSING You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing. Please remember if you are

receiving communion, the consecrated host must enter your mouth to be

consumed before returning to your seat.



PLANNED GIVING

Dear Parishioners, should you wish to donate electronically, please see details below. We appreciate all offerings and support gifted to our Parish!

To support the Priests (1st Collection): Acc name: SOLT Australia Inc BSB: 062 195 Acc no: 1022 9389

To the support the running & upkeep of the Parish (2nd Collection): Acc name: Wyong Catholic Parish BSB: 062 784 Acc no: 100 001 943

200 Club 2025

170 numbers have been sold. This year the club will run from July to December, with prize results in the Bulletin , as previously.

Numbers Sale: conclude on 30 June.
 Cost:
 \$60 upfront or 3 payments of \$20 by
 30th
 of May.

 Prizes:
 Monthly
 \$300, \$150, \$100, \$50.
 \$50.
 Prizes: Monthly

Major (Christmas) \$500, \$250, \$150, \$50. All prizes are contingent on the sale of all 200 numbers. Updates of sales numbers will be in each week's bulletin.

For further information please contact : Maureen Roast-0435 245 849 Anne Hooley-0428 149 793 or Kerry Bugden—4388 2938

Thank you for your support.

JUBILEE COMMITTEE

A reminder that the next Jubilee Committee meeting is Wednesday 25th June 6.00pm in Parish meeting room. Organisation for Eucharistic Adoration will be finalised. Further discussion and planning will be done for our future activities

Eucharistic Adoration

Our hope for the Jubilees Year is that – through receiving graces and mercies our relationships with God, with each other and with the world around us are restored and renewed. Spending time with Our Lord when He is exposed in the Eucharist is a perfect opportunity for a heart to heart

The opportunity for Adoration will be available: Saturday, July 19th 3.30pm- 4.30pm at <u>St Cecilia's Wyong & St John Fisher Tumbi Umbi</u>

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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong Saturday Vigil / Sunday Mass Times Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am Mass & Saturday at 4.30pm

Emergency Priest Contact

Fr Raul Ph: 0450 115 099 Fr Alex Ph: 0432 947 245 Fr Teody Ph: 0414 494 823

PARISH OFFICE 23 Byron Street Wyong Phone: 02 4352 1011 Po Box 385 Wyong 2259 OFFICE HOURS: Tuesday, Wednesday & Friday 9.30am to 2.30pm

PARISH CONTACTS

Parish Priest Fr Raul Balute, SOLT Ph: 0450 115 099 Email: raul.balute@bbcatholic.org.au

Assistant PriestFr Alex Barnedo, SOLT Ph: 0432 947 245Assistant PriestFr Teody Medina, SOLT Ph: 0414 494 823

Parish Secretaries Margaret Vandenberg & Christine Sassine

PARISH EMAIL: wyongparish@bbcatholic.org.au PARISH WEBSITE: https://www.bbcatholic.org.au/wyong/ FACEBOOK: www.facebook.com/wyongcatholicparish



KEEP US IN YOUR PRAYERS

Prayer: The most valuable gift you can give someone.

SICK: Irene Dainty, Michael McDermott, Michele Bolton, Jeanine Doueihi, Lisa Glanville, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu, Georgina Mastroianni & Baby Vinnie, Tahnia Ahuriri, Mary Anne Xuereb

RECENTLY DECEASED: Pauline Cornwell, Kathleen Brien, Olive Mansfield (Bingara), Finn McConnon, Sue Evans

ANNIVERSARY JUNE: Thomas Mayne, Fr Williams, Brian Myers, Margaret Skimmings, Tom Dermody, Rosa Laoulach, Sylivia Markulin, George Sassine, Patricia Westhoff, Frank Costa & Family

ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi Saturday Vigil / Sunday Mass Times Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am Reconciliation/Confession Saturday at 4.30pm

> Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday St Cecilia's 9.30am Mass Sunday St John Fisher 5pm Mass Sunday

BAPTISMS, WEDDINGS AND FUNERALS PLEASE CALL THE PARISH OFFICE

Mass St Barnabas, Yarramalong 1st Sun of month 11.15am Filipino Mass St Cecilia's Church 3rd Sun of the month 12pm

Anointing of the Sick First Friday of the Month St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration St Cecilia's Daily 7am-8am St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual Help Saturday—St Cecilia's & Wednesday—St John Fisher (after the 8am Mass)

Devotion to the Divine Mercy St Cecilia's Fri after the 8am Mass St John Fisher Fri after the 9:15am Mass

Prayer groups St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy St Cecilia's Legion of Mary 9am Wed Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting PPC Secretary: Kerry Bugden Ph: 02 4388 2938

SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.

Ricky Li Registered NDIS provider Phone 4355 4445 www.tuggerahphysio.com.au

TUGGERAH SPORTS & SPINAL

PHYSIOTHERAPY

THE LITURGY OF THE WORD

First Reading Genesis 14:18-20

A reading from the book of Genesis

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.'

And Abraham gave him a tithe of everything.

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 109:1-4

R. You are a priest for ever, in the line of Melchizedek.

Second Reading 1 Corinthians 11:23-26

A reading from the first letter of St Paul to the Corinthians

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord.

Thanks be to God.

Gospel Acclamation John 6:51-52

Sequence

Sing forth, O Zion, sweetly sing The praises of thy Shepherd-King, In hymns and canticles divine; Dare all thou canst, thou hast no song Worthy his praises to prolong, So far surpassing powers like thine.

Today no theme of common praise Forms the sweet burden of thy lays - The living, life-dispensing food - That food which at the sacred board Unto the brethren twelve our Lord His parting legacy bestowed.

Then be the anthem clear and strong, Thy fullest note, thy sweetest song, The very music of the breast: For now shines forth the day sublime That brings remembrance of the time When Jesus first his table blessed.

Within our new King's banquet-hall They meet to keep the festival That closed the ancient paschal rite: The old is by the new replaced; The substance hath the shadow chased; And rising day dispels the night.

Christ willed what he himself had done Should be renewed while time should run, In memory of his parting hour: Thus, tutored in his school divine, We consecrate the bread and wine; And lo - a Host of saving power.

This faith to Christian men is given - Bread is made flesh by words from heaven: Into his blood the wine is turned: What though it baffles nature's powers Of sense and sight? This faith of ours Proves more than nature e'er discerned.

Concealed beneath the two-fold sign, Meet symbols of the gifts divine, There lie the mysteries adored: The living body is our food; Our drink the ever-precious blood; In each, one undivided Lord.

Not he that eateth it divides The sacred food, which whole abides Unbroken still, nor knows decay; Be one, or be a thousand fed, They eat alike that living bread Which, still received, ne'er wastes away.

The good, the guilty share therein, With sure increase of grace or sin, The ghostly life, or ghostly death: Death to the guilty; to the good Immortal life. See how one food Man's joy or woe accomplisheth.

We break the Sacrament, but bold And firm thy faith shall keep its hold, Deem not the whole doth more enfold Than in the fractured part resides Deem not that Christ doth broken lie, 'Tis but the sign that meets the eye, The hidden deep reality In all its fullness still abides.

Behold the bread of angels, sent For pilgrims in their banishment, The bread for God's true children meant, That may not unto dogs be given: Oft in the olden types foreshowed; In Isaac on the altar bowed, And in the ancient paschal food, And in the manna sent from heaven.

Come then, good shepherd, bread divine, Still show to us thy mercy sign; Oh, feed us still, still keep us thine; So may we see thy glories shine In fields of immortality; O thou, the wisest, mightiest, best, Our present food, our future rest, Come, make us each thy chosen guest, Co-heirs of thine, and comrades blest With saints whose dwelling is with thee.

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

Gospel Luke 9:11-17

A reading from the holy Gospel according to Luke

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected, they filled twelve baskets. The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

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SPIRITUALITY IN THE PUB

Spirituality in the Pub (SIP) Meeting 7.30-9.00pm **1st July** at the Grange Hotel, Wyoming (cnr. Renwick St & Pacific Hwy).

The guest speakers are married couple **Kelly Paget** and **Chris Paget** who have a long and deep connection to the Catholic Church.

Kelly Paget: As Chancellor and Head of Mission for the Catholic Diocese of Broken Bay, Kelly has coordinated and led significant Catholic events and pilgrimages. Kelly was a voting member of the recent historic Synod of Bishops.

Chris Paget: As a Cardiac Physiologist and department manager in Central Coast Health hospitals Chris leads parish liturgy and Catholic initiation ministries.

He walked 800km of the Camino de Santiago in 2017, joined by Kelly and their sons for the last 100km.

Kelly and Chris Paget have been married 16 years and have three sons. They both hold a Master of Theology, and are involved in the life of the Catholic Parish of Gosford.

Tell anyone else who may be interested. Bistro opens at 5.30pm. SIP enquiries: 0415 129250 or 0439 678608. Many thanks in anticipation, Tony

Tony Voller for SIP Committee Mob. 0488 334446



From Bishop Anthony Randazzo to the clergy and people of Broken Bay, in preparation for the Solemnity of The Most Holy Body and Blood of Christ in the Holy Year of Hope, 2025

"The Gospel Is the Body of Christ": A Call to Participation in the Eucharist

Each Sunday, we gather at the altar as one Body in Christ, drawn into the divine mystery where heaven touches earth. We hear the Word proclaimed, we offer our prayers, and we receive the Body and Blood of our Lord Jesus Christ. Yet amid the sacredness of the liturgy, a question stirs our hearts: Are we truly participating in the Eucharist, or merely present?

Saint Jerome, one of the greatest biblical scholars of the Church, offers us a striking reflection that pierces through routine and indifference. In his *Commentary on the Psalms*, he writes:

"For me, the Gospel is the Body of Christ; for me, the holy Scriptures are his teaching. And when he says: whoever does not eat my flesh and drink my blood (Jn 6:53), even though these words can also be understood of the [Eucharistic] Mystery, Christ's body and blood are really the word of Scripture, God's teaching. When we approach the [Eucharistic] Mystery, if a crumb falls to the ground we are troubled. Yet when we are listening to the word of God, and God's Word and Christ's flesh and blood are being poured into our ears yet we pay no heed, what great peril should we not feel?" (cf. Homily 74 on Psalm 147)

Saint Jerome's words bring us face to face with the gravity and beauty of the Eucharist, not only as a sacrament received at the altar but also as a mystery proclaimed in the Word of God. At the celebration of the Mass, both the Liturgy of the Word and the Liturgy of the Eucharist are essential to our communion with Christ. Together, they form one act of worship that draws us into the Paschal Mystery.

The Word as Flesh

In our Eucharistic celebrations, we sometimes unconsciously separate "hearing" from "receiving." We may sit passively through the readings, waiting for the moment of Communion, forgetting that Christ is already coming to meet us in the Scriptures. Saint Jerome reminds us that when the Gospel is proclaimed, it is not merely a story or lesson, it is the living Christ speaking to His people. His Word, like His flesh, nourishes and transforms.

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When we listen attentively to Scripture, we open our hearts to conversion. Jesus told Satan in the desert, "One does not live by bread alone, but by every word that comes from the mouth of God." (Matthew 4:4). At Mass, we receive that Word from the mouth of God, poured into our ears, as Jerome says. If we approach the altar with reverence for the consecrated host, how much more should we approach the readings with attentiveness and humility, prepared, and receptive?

Reverence Beyond Ritual

We are rightly distressed if a host is dropped or a chalice spilled. We genuflect, we kneel, we silence our mobile phones. But what of our interior disposition? Saint Jerome's challenge is clear: we should be no less reverent when the Word is proclaimed. If we allow our minds to wander or dismiss the homily as unimportant, we may be ignoring the voice of Christ calling to us.

The Church teaches that when the Scriptures are read in the Church, God himself speaks to his people (cf. *Dei Verbum*, 21). Participation in the Mass begins with listening deeply, with ears, heart, and will. This is not a passive act, but one that demands intention and openness. Reverence for the Eucharist is not limited to our actions at Communion, it begins the moment we leave our homes setting off towards the church, when we greet our brothers and sisters even in the car park, when we enter the church building, in our singing, in our silence, and it continues through every part of the liturgy.

Participation as Transformation

The Bishops gathered at the Second Vatican Council (1962-65) emphasized the need for "fully conscious, and active participation" in liturgical celebrations (cf. Sacrosanctum Concilium, 14). This is more than physical presence or everyone 'doing something' during the liturgy. It is the act of allowing ourselves to be drawn into the life of Christ. We bring our lives, our often-unseen joys, our sorrows, and we lay them on the altar in the visible gifts of bread and wine. We are not spectators of a sacred drama; we are participants in a divine offering.

Each time we participate in the celebration of the Mass, we are invited into a deeper union with the Blessed Trinity, through the life, passion, death, and resurrection of Jesus. This union is not only sacramental but also scriptural. The Word prepares our hearts to recognize Him "in the breaking of the bread" (Luke 24:35). In the encounter with the Word, we are pierced like those who heard Peter's preaching at Pentecost: "they were cut to the heart" (Acts 2:37). Only then can we truly approach the altar of the Lord, changed and ready to be nourished by His real Presence.



A Eucharistic Life

Our participation in the Eucharist must extend beyond the walls of the church building. If we are truly nourished by the Body and Blood of Christ, both in Word and Sacrament, we are sent forth to live Eucharistic lives. We become, as Saint Augustine says, what we receive: the Body of Christ in the world (cf. Easter Sermon 227). The same reverence and attentiveness we show at Mass shapes our daily lives, in how we think, how we speak, how we serve, how we love, how we forgive.

When the liturgy concludes, we are not dismissed from worship but sent to continue it: "Go in peace, glorifying the Lord by your life." We carry within us the Word we have heard and the Lord we have received. Active participation is not an obligation to be met, but a grace to be lived.

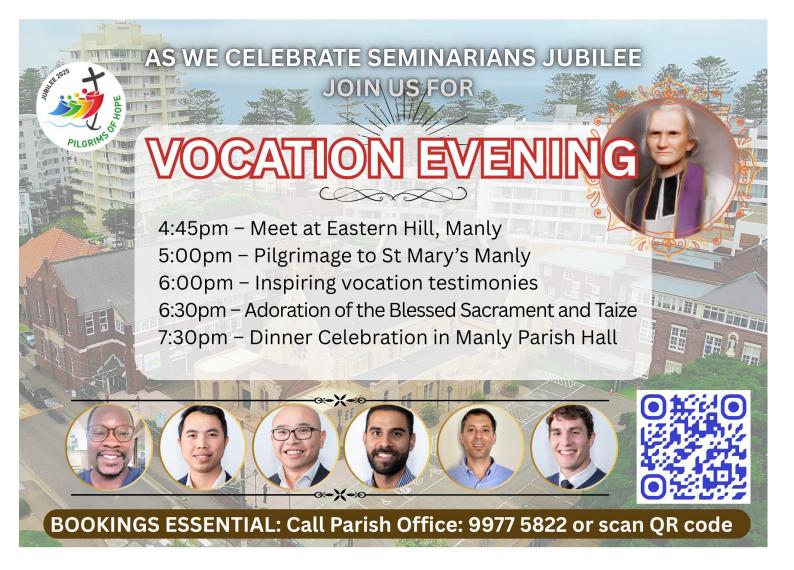
Heeding the Word of God, Honouring the Blessed Sacrament

Saint Jerome's exhortation is as timely today as it was in the early Church. We are always at risk of becoming too comfortable, too casual, with the sacred. Yet the Eucharist is no ordinary meal, and the Scriptures are no ordinary words. They are Jesus Christ himself, speaking and giving himself to us.

Let us approach every Mass with renewed reverence, not only for the consecrated bread and wine, but for the Word that is Christ's own flesh poured into our ears. May we never treat casually what God offers so lovingly. And may our participation in the Eucharist, in both Word and Sacrament, be fully conscious, and life-changing.

+ Anthony Mandat

Most Rev Anthony Randazzo DD JCL Bishop of Broken Bay









TRI-DIOCESAN SOCIAL JUSTICE EVENING 2025

focusing on the **Social Justice Statement 2024-25** *Truth & Peace - A Gospel Word in a Violent World*

> SAVE THE DATE: WEDNESDAY 25 JUNE 2025 6:00PM — 9:00PM St Monica's Parish Hall, 8 daking St, North Parramatta

WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new

connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit <u>www.catholiccaredbb.org.au/volunteer/</u> for more information



CatholicCare Discose of Broken Bay **VOLUNTEERS NEEDED** AGED CARE VOLUNTEER VISITORS SCHEME www.catholiccaredbb.org.au/volunteer

Registrations bort miss fins bort mi

Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

Tuesday – Thursday 10.00am-3.00pm or by appointment Free entry, parking available **Bookings recommended**

You too are part of this continuing and living heritage and we'd love to welcome you.

1 Rockwall Cres. Potts Point, NSW т: 02 9138 0835 w: socheritagecentre.org.au E: heritagecentre@rscoffice.com







Sisters of Charity of Australia





INVITATION TO SANTA MARIA FESTA (OUR LADY OF MARY FEAST) ON THE 17TH OF AUGUST 2025

The Santa Maria Central Coast Association celebrates the Feast of Our Lady (Santa Maria Festa every August at the St Mary of the Cross Mackillop Church Warnervale.

We invite you to join for us for mass at 3pm at St Mary of the Cross Mackillop Church, Warnervale

followed by a procession around the church at 4pm. Mass will be celebrated by Most Reverend

Anthony Randazzo Bishop of Diocese of Broken Bay. Traditional Maltese sweets and pastizzi will be on sale. This will be followed by celebratory fireworks at 6pm.



Over 300 people including Maltese people who travel from Sydney and from all over the Central Coast attend this joyous celebrations. We have people from other communities attending and celebrating.

This is a tradition in Malta and celebrated for the last 15 years on the Central Coast of New South Wales .

We invite you to join us in this joyous celebration this year on the 17th of August 2025 3pm at

St Mary of the Cross MacKillop Church

91 Sparks Road Warnervale NSW 2259 Australia

FOR MORE DETAILS CONTACT PRESIDENT CHARLIE SCICLUNA 0404194020 GLENN DCRUZ 0413291129 "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

Matthew 11:28



1st Friday, 6th June Healing Prayer Service, 6:30pm-8:30pm at Our Lady of Dolours Catholic Church, Chatswood

PENTECOST RETREAT Guided by Fr Sam Samuel VC & Fr Juby Varghese VC 6th-8th June

Starts on Friday 5.30pm & ends on Sunday 4.00pm For bookings: 02 43721598 or email: drcretreatrego@gmail.com

3rd Monday, 16th June Healing Prayer Service, 7:00pm-9:00pm at St Patrick's Church, 11 Macquarie street, Wallsend

29th June, 9:00am - 4:00pm One Day Pilgrimage (Last Sunday) • Praise and Worship • Preaching the Word • Eucharistic Adoration • Divine Mercy Chaplet • Holy Mass ALL ARE WELCOME, NO BOOKING REQUIRED, BYO LUNCH



DIVINE RETREAT CENTRE 160 Hensons Road, SOMERSBY, SYDNEY-NSW 2250, Tel: 02 4372 1598, email drcsydney@gmail.com

www.divineretreatcentre.org
Find us on facebook

The Divine Retreat Centre promotes the safety and protection of children and other vulnerable persons in its care.

Caritas Australia appeals for support for amputees in Gaza

The UN <u>described</u> Gaza as being "home to the largest cohort of child amputees in modern history". As of April, the UN reported that <u>4,500</u> people have been made amputees due to the current conflict. In response, Caritas Jerusalem is working to support those affected by the loss of limbs, as part of a program supported by Caritas Australia's Gaza Emergency Appeal.

We urgently need your support.

Please donate to Caritas Australia's Gaza Crisis Appeal. You can donate online <u>www.caritas.org.au/gaza</u> or phone 1800 024 413



GAZA CRISIS APPEAL

Over 4,500 people have been made amputees due to the current conflict.

Your support can help provide prosthetic limbs and rehabilitation.

DONATE NOW www.caritas.org.au/gaza 1800 024 413





9:30am - 2:10pm

The Pilgrim's call to hopefulness in human happiness and holiness.

Refreshing our sense of Vatican II's teaching on God's Self-Revealing Word in human-beinghood.



9:30am - 2:10pm

Patient in suffering, persistent in belief, conviction and love.

Reflecting on St Paul's letter to the Romans especially 8:15-30 and a glimpse into Vatican II's "Gaudium et Spes" [Joy and Hope].



9:30am - 2:10pm

Recognising Signs of hope among us and being sources of hope for others in need.

Recognising the "Universal Call to Holiness" in Vatican II's document "Lumen Gentium" [The Light of the World]. Sept 17

Nov

WED



9:30am - 2:10pm

Anchored in hope of being the Body of Jesus Christ, opening doors of healing, forgiveness, support and encouragement for others.

Glimpsing Vatican II's document on the Christian community's participation in the Sacred Liturgy.



MARY MACKILLOP PLACE



JUBILEE YEAR OF HOPE REFLECTION DAYS WITH THE SISTERS OF SAINT JOSEPH

All are welcome to join us for a series of Wednesdays dedicated to prayer, reflection, and faith enrichment, inspired by the 2025 Year of Hope, accompanied by Sr Virginia Bourke rsj, held at Mary MacKillop Place.

Please RSVP by emailing Olivia.Lee@mmp.org.au

For more info or questions: ministries@mmp.org.au

02 8912 4800

Mary MacKillop Place Joachim Forbes Room 11 Mount St, North Sydney Entry in the museum building.



July

WED

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

The labyrinth is a place for prayer meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

> We continue to care for this area which is situated on the Mary MacKillop Peninsula.

St Joseph's Spirituality and Education Centre Kincumber South

The and Tranquility

Historical Holy Cross church built in 1842 presents itself right in front of our Centre. A Ministry of the Sisters of St Joseph NSW Province

The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to

relieve suffering and bring hope to today's world.

St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251 Phone: 02 43682805 : Fax: 02 43683849 Email: bookings@stjosephsretreat.org.au Web: www.stjosephskincumber.org.au St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.



Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.



St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts Retreats Conferences Group Seminars Small Group Meetings Bible Study Groups Prayer Days

Conference Rooms

Sound and visual equipment for conferences are available on request.

Walking Tracks and Gardens

Chapel and prayer room

Lounge, Jea Bays and Dining Room

editation Areas and Mary of the Cross Walk

Swimming pool and outdoor patio





Year 11 2026 Scholarships

Apply now

APPLY ONLINE | BRIGIDINE.NSW.EDU.AU

Be you. Be Brigidine



WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR HOME CARE PACKAGES

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.

Name						
Suburb		Phone				
Email						
Do you currently have Home Care Package funding from the Government?						
○ Yes	⊖ No	⊖ Unsure				
Do you need help applying for a Home Care Package?						
⊖ Yes	⊖ No	○ Maybe				
Is there any other feedback you'd like to provide?						

Take a photo of this completed form and email to info@catholiccaredbb.org.au or text a photo of the form to 0481 602 046. Thank you.



IN THE FOOTSTEPS OF MACKILLOP

AN OFFICIAL PILGRIMAGE LEAD AND RUN BY THE SISTERS OF SAINT JOSEPH OF THE SACRED HEART



9-20 SEPTEMBER 2025

Led by Sr Annie Bond, a Sister of Saint Joseph of the Sacred Heart, this pilgrim focuses on prayer and reflection as an integral part of pilgrimage. At each of the sites around Australia we visit we take time to pray and reflect on our own lives in the light of Mary MacKillop's life.

We start in Melbourne and end in Sydney at the tomb of Saint Mary MacKillop. Anyone at any stage of their faith journey is welcome to join us!

For all inclusive costs and more information please get in touch:

For more information:

🖂 national.pilgrimage@mmp.org.au

🥄 +61 406 195 861

Or visit our website and navigate to the pilgrimage section: www.marymackillopplace.org.au

Let's walk together in hope - be part of our national pilgrimage this year!



Our Lady of Guadalupe With Fr Peter De Souza

Mexico City (2 nights) • San Miguel de Allende (1) • Guanajuato (1) • Guadalajara (4) • Pátzcuaro (1) • Mexico City (2)

Commences 22 September 2025. 12 Days.

Experience the rich faith of the Mexican people and the miraculous story of Our Lady of Guadalupe. View the miraculous tilma of Juan Diego that bears an inexplicable image of Our Lady that is revered the world over.

CATHOLIC DIOCESE OF BROKEN BAY



Jubilee Pilgrimage of Hope

Every 25 years, the Church proclaims a Holy Year, a special gift of grace and mercy for all God's people. Not only is Italy a land of unforgettable charm and beauty, it is also a land made rich in grace by its colourful history of holy men and women. In this dedicated Jubilee year, be inspired to encounter the pathways of some of the Church's greatest saints, from St Francis and Clare in Assisi to St Peter and Paul in Rome, the Eternal City, where we cross the threshold of the Holy Door in St Peter's Basilica and receive the Jubilee blessing.

COMMENCES WEDNESDAY 01 OCTOBER 2025 • 10 DAYS / 9 NIGHTS

Rome Airport vicinity (1) • Assisi (2 nights) • Orvieto • Rome - Jubilee (6 nights)



Accompanied by Fr Hien Vu



901EE 2025

PILGRIMS

"The Jubilee Year 2025 calls us to rediscover the centrality of Jesus Christ in our lives and to deepen our relationship with Him, as the Door through which we enter into the fullness of life."

- Most Rev Anthony Randazzo DD, JCL, Bishop of Broken Bay

The dome of St Peter's over the River Tiber, Rome

11 11

the genuine pilgrim experience





MEAL CODE: (B) = Breakfast (D) = Dinner

Hinerary

DAY 1: WEDNESDAY 01 OCTOBER – ARRIVE ROME

Welcome to Italy! On arrival at Rome airport, please make your way to the group hotel where this evening we will enjoy our first group dinner. Rome overnight (D)

DAY 2: THURSDAY 02 OCTOBER – ROME TO ASSISI

This morning we will travel north to the pilgrimage centre of **Assisi**, where St Francis tended the poor and sick and founded the Franciscan Order.

We will visit the **Basilica of St Mary of the Angels** down on the plains where St Francis spent most of his life. Here we will see the **Portiuncula** (meaning 'small portion of land') where St Francis returned for prayer, the thornless rose bush, and the chapel where he died in 1226. On Palm Sunday 1211, Francis received in this church Clare of Assisi and dedicated her to the Lord.

Assisi overnight (BD)

DAY 3: FRIDAY 03 OCTOBER - ASSISI

This morning we awake to the sound of chapel bells, cobblestone footsteps and the tangible spirit of St Francis preserved within the medieval walls of this holy town.

Our day begins with Mass and a guided exploration of the buzzing **Basilica of St Francis** which occupies the entire western end of the upper town. Construction began in 1228, just two years after the death of Francis and was finally completed in 1250. The Upper Basilica houses the famous fresco cycle of the life of St Francis, historically attributed to Giotto. Wander through the marvels of the Upper Basilica before our tour descends to the crypt of the Lower Basilica where Francis was laid in 1230 and where we will take some time to seek the intercession of this spiritual legend.

We then walk to the **Church of Santa Maria Maggiore - Sanctuary of the Spogliazione**, where we are blessed with the opportunity to visit and pray at the tomb of **Blessed Carlo Acutis** – a young Catholic from Italy with a passionate devotion to the Real Presence of Jesus in the Eucharist and an aptitude for computer programming. From the ages of 12 to 14, he designed a website cataloguing Eucharistic miracles that have occurred around the world, which he launched in 2005. He died of leukemia a year later at the age of 15, offering his suffering for the pope and for the Church.

Onto the **Church of San Damiano** and the actual chapel where it all began when the voice of Christ spoke to Francis in the year 1205 (some may prefer to approach by foot down the hillside path in the spirit of St Francis). Adjacent to the chapel we find the first monastery of the Order of St Clare where Clare built her community in close friendship with Francis.

Our day concludes with a visit to the Hermitage (Eremo delle Carceri), an oasis of peace and tranquillity in the woods built on the site of a simple cave where St Francis often withdrew to spend many hours in prayer. The cave and the Chapel of Our Lady are preserved in the Hermitage grounds.

An (optional) opportunity presents itself before dinner to attend Vespers in the Basilica of St Clare and listen to the angelic voices of the Poor Clare nuns. Housed in this church is the famous crucifix from which Jesus spoke to St Francis.

Assisi overnight (BD)

DAY 4: SATURDAY 04 OCTOBER - ASSISI VIA ORVIETO TO ROME

We farewell Assisi and journey south to the amazing medieval town of **Orvieto** with its **Duomo** (Cathedral), which has one of the world's most famous facades. The feast of the Body of Christ (Corpus Christi) was first proclaimed here in 1263 following the Eucharistic Miracle of Bolsena. We celebrate Eucharist in the chapel where the sacred cloth from that event is preserved and enjoy a special visit to the Signorelli Chapel.

After our visit we then travel on to **Rome**, the Eternal City, rich in the traditions of our Church. *Rome overnight (BD)*

DAY 5: SUNDAY 05 OCTOBER - ROME: CHRISTIAN MARTYRS

The Jubilee Year is a time for the faithful to renew their commitment and strengthen their relationship with God. It is also a time for Catholics to come together as a community and to celebrate their faith. The 2025 Jubilee Year is sure to be a memorable and meaningful event for people around the world, to be blessed and refreshed for the mission that lies before us.

Some of the spiritual activities that pilgrims are encouraged to participate in during our time in Rome are:

- Attend Mass and receive the Eucharist
- Make a pilgrimage to the many shrines and holy sites in Rome
- Pray for forgiveness
- · Renew our commitment to our faith
- · Strengthen our relationship with God
- Come together as a community and celebrate our faith

Following Mass this morning we will proceed to **St Peters Square** where the Holy Father is expected to pray the **Angelus** with pilgrims from around the world (subject to the Pope's presence in Rome).

This afternoon we enter into the most visited attraction in Rome - the **Colosseum**. In 1749, Pope Benedict XIV declared the Colosseum a sacred site, as it was a place where early Christians had been martyred. View also the **Circus Maximus** and the **Roman Forum** en route.

Rome overnight (BD)

DAY 6: MONDAY 06 OCTOBER - ROME: THE VATICAN & MAJOR BASILICAS

Commence our pilgrimage with a spectacular Mass at **St Peter's Basilica** before coming to the nearby **Vatican Museums**. Wander the spectacular chambers leading to the **Sistine**



Chapel to view Michelangelo's masterpieces, including the magnificent fresco of the Last Judgment. Continue through to the awe-inspiring St Peter's Basilica, the largest church in the world for an informative exploration. Our guided tour will feature among other highlights Michelangelo's stunning Pieta, the tomb of Pope St John Paul II, the great Confessional and the Crypt containing the tombs of several Popes.

In the afternoon, visit the impressive St Mary Major Basilica. Onwards to the Basilica of St John in Lateran (First Papal residence) and the adjacent Holy Stairs brought from Jerusalem to Rome in 326AD by St Helena (as a favourite of pilgrims, these steps may only be ascended on the knees). Visit the Basilica of Santa Croce in Gerusalemme with its extraordinary collection of relics from the Holy Land.

Rome overnight (BD)

DAY 7: TUESDAY 07 OCTOBER - ROME: ST PAUL'S & THE CATACOMBS

Journey this morning out to the majestic Basilica of St Paul Outside the Walls. Originally consecrated in 324, the saint's tomb is visible now under the Papal Altar. We will celebrate a wonderful Mass here as a special tribute to the Church's greatest evangelist.

Continue then along the ancient **Appian Way**, the oldest road from Roman times to the **ancient Catacombs** for a memorable guided tour to marvel at these underground burial tunnels for Christians and Hebrews. On the way, drive by **Domine Quo Vadis** – the chapel that stands at the site where, according to tradition, St Peter met Christ when he fled from Rome to escape martyrdom.

Rome overnight (BD)

DAY 8: WEDNESDAY 08 OCTOBER - ROME FREE DAY

Our day is free to discover more sights of Rome – perhaps throw a coin in the Trevi Fountain before strolling to the **Piazza Navona** to soak up the vibrant atmosphere. Indulge in a gelato or enjoy a coffee while absorbing and admiring the history of this ancient city. Strolling through the streets is like walking through the pages of a history book.

OR

For the next two days participate in the Jubilee of Consecrated Life spiritual and cultural events taking place around Rome.

This evening join with fellow pilgrims for a prayer vigil.

Rome overnight (BD)

DAY 9: THURSDAY 09 OCTOBER - ROME: PAPAL MASS

We make our way to St Peter's Square this morning for a memorable Papal Mass in celebration of the Jubilee of Consecrated Life.

This afternoon, we explore the vibrant **Trastevere** district. Our first stop is the charming **Basilica of Santa Maria in Trastevere**, a historic church dating back to the 12th century. We continue on to the **Basilica of St Cecilia**, built on the site of the former house of the saint who was martyred in 230A.D. The body of the saint is venerated in the crypt.

Afterwards, we wander on to enjoy an enchanting evening filled with food and traditional music at a typical Italian trattoria, marking our farewell to Rome and our pilgrimage.

Rome overnight (BD)

DAY 10: FRIDAY 10 OCTOBER - DEPART ROME

This morning we bid farewell to the Eternal City as we make our way to the airport for our homebound flights or ongoing travel connections. (B)

PILGRIMAGE DETAILS

TOUR CODE	PV25102	
STARTS	Wednesday, 01 October 2025	
FINISHES	Friday, 10 October 2025	
LAND COST	AUD \$5390 (Twin Share) *	
SINGLE ROOM	AUD \$1950 Supplement *	
PREPAID TIPPING	AUD \$150 Per Person	

* Costs are indicative and have been based on prices as at January 2025 and must remain subject to possible change in the event of significant exchange rate variations, tax increases or minimum group size factors beyond Harvest's control. Refer to Harvest Booking Terms & Conditions for more details.

INCLUDED

ACCOMMODATION & MEALS: Based on quality religious houses or 3 and 4-star hotels • Meals as specified in Itinerary.

TOURING & TRANSPORTATION: Deluxe air-conditioned touring coach • Professional English-speaking Tour Escort and local guides • Sightseeing and entrance fees

OTHER: Fully escorted by priest chaplain • Daily Masses • Porterage (where available) • Harvest Travel Pack: backpack, travel wallet, pilgrim's journal and sunbrella.

NOT INCLUDED

International airfares • Travel Insurance • Visits and entrances not listed • Passport and visa costs (if applicable) • Other meals not stated

Drinks with meals
Items of a personal nature

Prepaid Tipping

Book Now



harvestjourneys.com/pv25102

1800 819 156

info@harvestjourneys.com

Building 2, Level 3, 75 O'Riordan Street, Alexandria NSW 2015 PO Box 6087, Alexandria BC NSW 2015 Australia **P:** +61 2 9198 1960



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Refer to harvestjourneys.com for Booking Terms and Conditions.









SHRINES OF OUR LADY (18th Aug- 3rd September 2025)- Few more seats are available.

Fr Johnson Malayil, CRS, Glenmore park parish would like to invite you for a 16-day Jubilee pilgrimage, departing on the 18th of August 2025. This pilgrimage features Fatima, Avila, Loyola, Lourdes, Turin, Milan, Padua, Assisi, Rotondo, and Rome for an all-inclusive price of \$8890 + tips (30+ pilgrims).

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in 4-star Premium Hotels, Catholic priest, Meals + English speaking professional guides + Entrances as per itinerary and more. For inquiries & bookings call 03 8839 6615 or email

us pilgrimage@magiholidays.com.au

ERNESTO TRAVEL, an inbound tour operator in Poland and Central-Eastern Europe, is always at your disposal to organize trips or provide services in our beautiful country and our part of Europe.

Why Poland? It is a destination:

- that guarantees customer satisfaction

- that boasts beautiful cities and UNESCO sites, such as Krakow, Warsaw, the Wieliczka Salt Mine, Torun, Malbork Castle, etc.

- with a moving history: Auschwitz-Birkenau, Schindler's Factory, the Warsaw Uprising Museum, etc.

- with spectacular nature: Zakopane, national parks, rafting down the Dunajec River
- excellent cuisine and traditional folklore dinners

- and other special attractions such as the Chocholowskie thermal baths or a boat trip on the grass (Kanal Elblaski)

- for pilgrimage groups, many places of devotion: Wadowice and John Paul II Shrine, the Shrine of Divine Mercy in Lagiewniki, and St. Faustina Shrine in Czestochowa

- with many direct flights.

Of course, we have English-speaking guides and TE available.

We especially recommend the following programs:

- Krakow in 4/5 days
- Warsaw and Krakow in 5-6 days
- Poland in 8 days
- Poland Pilgrimage
- Prague/Vienna/Budapest or Poland combined with any of these cities
- Lithuania/Latvia/Estonia
- European programs 20-21 days.

Everything is always quoted on a tailor-made basis, upon request. To prepare the offer, we need you to inquire and inform us of the flights, arrival and departure cities, the base number of people, and the group profile.

We are pleased to provide you with information regarding our fam trip schedule for Krakow from October 30th to November 3rd, 2025: please visit <u>www.buykrakow.com</u> or <u>www.icortap.com</u>

CATHOLICCARE BROKEN BAY

Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress. We work with you, assisting you to face challenges and stressors, coming up with sugges-



tions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit www.catholiccaredbb.org.au.

Key Telephone Numbers

KEY TELEPHONE NUMBERS

POLICE: 000

Call the Police for immediate assistance.

1800 RESPECT: 1800 737 732

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

CATHOLICCARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast:	1800 324 924	Northern Beaches:	1800 324 924
Naremburn:	1800 324 924	Waitara:	1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

Immigration Advice and Rights Centre	02 8234 0777
Immigrant Women's SpeakOut Association	1800 656 463
Legal Aid NSW	1300 888 529 (business hours)

PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This bookiet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download www.bbcatholic.org.au



www.bbcatholic.org.au

I

SAFEGUARDING is everyone's responsibility **Everyone must** practice A DUTY OF CARE. We are called to step up and speak out. Need to be listening & watching to understand / if there are any concerns and take them seriously Tell one of our designated persons in authority Fr Raul 0450 115 099
Maureen Roast 0435 245 849 Anne Hooley 0428 149 793 Contact will be made with Dioscesean **Safeguarding Office Our Community is** SAFE